**BBC Radio 5 Live**

03/23/2017 03:06:22 AM

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here we go again with reports the British medical Journal links drinking in moderation to a lower risk of high heart attack this scheme next short and fat the Archers that means less than 14 units a week says this study of 1.9 million people in the UK reported by researchers from Cambridge and University College London get support from office at Harvard medical school and Johns Hopkins school of public health we say that moderate drinkers have lower rates of essentially every meaning for cardiovascular outcomes than a statement once again that's less than 4 units